## PUBLIC HUMANITIES SERIES: 2020-2021

# CONVERSATIONS IN THE NEIGHBORHOOD: LET'S TALK ABOUT FOOD

## CONVERSATIONS IN THE NEIGHBORHOOD: the Past

### Margarita Vargas-Betancourt's

### Budín Azteca (Aztec Lasagna) Recipe



#### Directions

- 1. To make the sauce, blend the tomatoes, tomato paste, and chipotle sauce. Add the oregano, thyme, cayenne pepper, salt, pepper, and any other spice you like.
- 2. Fry the onion and the garlic until it is transparent. Then add the tomato sauce. Fry until the sauce is orangishyellow. Let it cool.
- 3. Fry each tortilla in very hot oil. Set it aside.
- 4. In a baking pan, place a layer of tortillas, then a layer of sauce, sour cream, shredded chicken, shredded cheese. Repeat until you are out of tortillas. Bake at 400°F for 40 minutes.

#### **Ingredients**

- 10 tortillas
- 5 tomatoes
- 2 cans of tomato paste
- 1 tbsp of chipotle sauce
- 1/2 cup onion
- 2 chopped cloves of garlic
- 1 cup of shredded chicken
- 1 cup of shredded cheese
- 1 cup of sour cream
- 1 tsp oregano
- 1/2 tsp thyme
- 1/2 tsp cayenne pepper
- 1 tsp salt
- 1 tsp pepper
- And any other spice you like











